

Reflections on Dr. Lok's Contributions

"Dr. Lok and her team were my support system during the 11 years of my life that I endured the miseries of treatment and thinking I could die anytime. She and her team advocated on my behalf with the insurance companies, helped me to make educated decisions about my treatment and provided a listening ear to my concerns. I am thankful to Dr. Lok for her kindness and exemplary care. Today, because of her, my hepatitis has been cured and I want to live to be 100."

Patient of Dr. Lok's

"My family is committed to supporting Dr. Lok's lifesaving work. As an alumnus, I admit to a bias to the University of Michigan, but the work they do in the Division of Gastroenterology and its Hepatology Group under Dr. Lok's leadership is world-class. We hope our gifts, made in memory of my wife, Alice Lohrman Andrews, will inspire researchers to mitigate suffering and, ultimately, cure all diseases of the liver."

Charles J. Andrews
TUKTAWA Foundation

"Dr. Lok is an amazing teacher and mentor. She continues to be the person I consider when faced with a tough case. I ask myself, "How would Anna approach this problem?" She is generous with her time and most importantly, her knowledge. My patients benefit because she is there for me—and for all of us who have been lucky enough to train with her."

Michael Volk, MSc, MD
Assistant professor of Internal Medicine
Hepatology Program

"Her impact on our division and on the field of hepatology cannot be overstated. She never gives up, and her dedication has transformed the way physicians understand what is possible."

Chung Owyang, MD
H. Marvin Pollard Collegiate Professor of Gastroenterology
Professor of Internal Medicine
Chief, Division of Gastroenterology

Your gift will be deposited into the Anna Lok, MD Breakthrough Research fund in the Division of Gastroenterology. The University of Michigan will diligently administer the Anna Lok, MD Breakthrough Fund in Gastroenterology as a permanent endowment under Michigan law and University endowment distribution policies.

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Anna S.F. Lok, M.D. Breakthrough Research Fund



Dr. Anna S.F. Lok Curing Disease, Creating Hope

People with chronic hepatitis can face years of uncertainty, often undergoing difficult treatment regimens, not knowing whether their disease will lead to potentially deadly complications such as liver cancer. Anna S.F. Lok, M.D., has dedicated her life to ensuring they and their families can have a better future.

A hepatologist whose work has touched three continents and whose trainees now practice around the world, Dr. Lok is a passionate clinician, a tenacious researcher, and a renowned educator. Her work has helped determine which patients with hepatitis B or C should start antiviral treatment. She has been a key researcher in the testing of new drugs for treatment of chronic hepatitis B and chronic hepatitis C, leading to FDA approval of safer and more effective treatments. She and her colleagues believe hepatitis C can be completely controlled in the next decade, bringing an end to suffering and uncertainty for hundreds of millions of people.

Her impact is broadened and enhanced by the international network of specialists who, in training under her direction, learned the importance of striving to look for answers to the problems they encounter in their clinics. Inspired by their mentor's dedication to moving forward, this group meets with Dr. Lok annually so that they can continue to share knowledge and encouragement regarding clinical care, research, and local health policies.

Dr. Lok is the Alice Lohrman Andrews Research Professor of Hepatology; an Associate Chair for Clinical Research in Department of Internal Medicine; and Director of Clinical Hepatology at the University of Michigan, one of the largest and most well-established hepatology programs in the nation.

A frequently invited lecturer at international medical conferences, she has won numerous awards, including the Distinguished Scientist Award from the Hepatitis B Foundation, the Outstanding AGA Women in Science Award from the American Gastroenterological Association Foundation, the Distinguished Service Award from the American Association for the Study of Liver Diseases, and recent recognition by the Center for Disease Control and Prevention as a National Champion for Hepatitis. Her research includes

studies on the natural history and treatment of chronic hepatitis B and C, and prevention and treatment of recurrent hepatitis B and C after liver transplantation. She has published more than 350 scientific papers.

She is also a co-author of the American Association for the Study of Liver Diseases' *Practice Guidelines on Hepatitis B*, which provide recommendations on diagnosis, prevention, and treatment of hepatitis B for physicians worldwide. She has trained fellows from all over the world, and many have returned to their home countries to provide state-of-the-art care for their patients.

A native of Hong Kong, Dr. Lok earned her medical degree at the University of Hong Kong and completed a residency at the Queen Mary Hospital. She completed a fellowship in hepatology at the Royal Free Hospital in London and was elected a Fellow of the Royal College of Physicians.

In October 2015, Dr. Lok will celebrate 20 years of service to her patients, her trainees, and the field of hepatology at the University of Michigan.

To celebrate her contributions and her passion for excellence and collaboration—which are hallmarks of medicine at Michigan—alumni and friends of the Department of Internal Medicine have launched an effort to establish the Anna S.F. Lok, M.D., Breakthrough Research Fund.



Anna Lok, M.D., receives the American Association for the Study of Liver Diseases 2011 Distinguished Service Award. She is pictured here with Jake Liang, M.D., president of the association, and Grace L. Su, M.D., professor of hepatology at U-M.

A Dedication to Excellence, a Legacy of Advancing Care

Please consider contributing to the Anna S.F. Lok, M.D., Breakthrough Research Fund to significantly increase our understanding of all liver diseases, creating knowledge that can continue to lead to effective treatments and cures.

The Fund will support hepatology research at the University of Michigan, providing seed funding for pilot studies and supporting research projects conducted by fellows and early-career faculty members as they pursue new discoveries.

Gifts made to the Anna S.F. Lok, M.D., Breakthrough Research Fund will become part of the endowed principal, which in perpetuity will support early-stage research projects with the potential to break new ground or extend previous discoveries in new directions.

The Anna S.F. Lok, M.D., Breakthrough Research Fund also will serve as the umbrella fund for named, endowed funds established by individuals and families who wish to support a specific area. For example, a family may establish the Betty and Michael Smith Hepatitis Research Fund, which will be a component of the Anna S.F. Lok, M.D., Breakthrough Research Fund. This fund would support early-stage liver research, also in perpetuity.

Just as Dr. Lok's work today ensures her patients can have hope for the future, the Anna S.F. Lok, M.D., Breakthrough Research Fund will ensure that the vibrant and successful research program that has flourished under her leadership will continue to improve lives.

To learn how you can contribute, please contact Lori Hirshman, Development Director, Department of Internal Medicine, at 734-763-6080 or hirshmal@umich.edu.

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